



## SUPERHERO STRENGTH

Have you ever dreamed of being a superhero? Everyone knows that a superhero wears a cool costume, has a catchy name and has a super skill that makes him or her better than the average person. What kind of superhero would you want to be? The kind that can get from one side of the building to the next with just the flick of their fingers? Or maybe you could be the type of superhero that can run circles around everyone on the soccer field with super fast speed?

The skills or talents of the superhero are what make them seem so super. They're what make the superhero defeat the bad guy and win. They're what make you want to watch or read about the superhero over and over. Superheroes are powerful. They can conquer anything. Most importantly, they never seem scared.

In Matthew 8:23-27, you can read all about the greatest superhero ever, Jesus. The story goes like this: Jesus was getting in a boat with his disciples, his closet friends. Jesus had decided to take a nap and while he was sleeping a wild and crazy storm started up all around them. Jesus' friends were scared. Not just a little scared but super-duper really scared! Think of a time when you've been really scared. If you're like me, you might just scream really loud. That's exactly what Jesus' friends began to do. They went to Jesus and woke him up shouting,

**“Lord, save us!  
We're  
going  
to  
drown!”**

**MATTHEW 8:23-27**

<sup>23</sup> Then Jesus got into the boat and started across the lake with his disciples. <sup>24</sup> Suddenly, a fierce storm struck the lake, with waves breaking into the boat. But Jesus was sleeping. <sup>25</sup> The disciples went and woke him up, shouting, “Lord, save us! We’re going to drown!”

<sup>26</sup> Jesus responded, “Why are you afraid? You have so little faith!” Then he got up and rebuked the wind and waves, and suddenly there was a great calm.

<sup>27</sup> The disciples were amazed. “Who is this man?” they asked. “Even the winds and waves obey him!”

The Bible tells us that Jesus woke up and said “Why are you so afraid? You have so little faith!” Then he got up and, with just the sound of his voice, the wind and waves stopped and suddenly there was a great calm. Jesus' friends were amazed and they asked, “Who is this man?” “Even the wind and waves obey him!”

Now that makes Jesus the ultimate superhero to me. With just the sound of his voice, the winds and rains stopped. It shows us that Jesus is bigger than any storm that comes our way. He is bigger than the beginning of school jitters. He is bigger than being in the dark without a nightlight. He is bigger than the first tryouts for your favorite sport. He is the ultimate superhero!

Right now, you might be a little scared, like Jesus' friends. That's okay... because we have the ultimate superhero on our side!

**“For I can do ALL things through CHRIST who gives me STRENGTH.”**

-Philippians 4:13-

The greatest superhero ever will give you the strength to be braver than you thought you could ever be. He can give you the strength to get through anything!

## PRAY

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Let's say this prayer together. Jesus, you are the ultimate superhero. The waves and winds obey you! I know that you love me and are always in control, even though I know some people right now are a little scared. Please help keep everyone in my family safe. Please help others that might not know how much you love them to feel a sense of peace and know your love. We love you and know that you can give us the strength to get through anything. Thank you for always loving us. Thank you for taking care of us. So God, even when I am scared, help give me superhero strength.

In Jesus' name, Amen.